

*your*  
**TREATMENT  
TOOLBOX**



## Questions to ask about bone mets

1. How extensive are my bone metastases?  
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2. What can I do to prevent broken bones?  
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3. What tests or scans will I need? How often will I need them?  
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4. What treatment for my bone mets do you recommend and why?  
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5. Should I be taking calcium and vitamin D supplements? If so, what dosage?  
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6. What are the risks, benefits and side effects of this treatment?  
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7. How will we know if this treatment is working?  
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8. What symptoms or side effects should I report to you?  
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9. What can I do about bone pain?  
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10. How can I monitor the health of my bones?  
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11. Is there a clinical trial that could help me?  
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